

# Hospice Indicators for Patients with Renal Disease

## Indicators

- ☐ Karnofsky Performance Status Scale  $\leq 70\%$
- ☐ Palliative Performance Scale  $\leq 70\%$
- ☐ Body Mass Index  $\leq 22$
- ☐ Unintentional weight loss or gain
- ☐ Comorbidities likely to contribute to a life expectancy of six months or less
- ☐ Creatinine clearance  $< 10$  cc/minute or  $< 15$  cc/min for diabetics
- ☐ Serum creatinine  $> 8.0$  mg/dl or  $6.0$  mg/dl for diabetics with co-morbidity of CHF
- ☐ Glomerular filtration rate (CFR)  $< 10$  ml/min
- ☐ Not seeking dialysis, needed transplant or is discontinuing dialysis
- ☐ If on dialysis, has a prognosis of  $\leq 6$  months if the illness runs its course despite dialysis

## Notes

## Other Symptoms of Renal Failure

- ☐ Uremia
  - ☐ Confusion, obtundation
  - ☐ Intractable nausea and vomiting
  - ☐ Generalized pruritis
  - ☐ Restlessness
- ☐ Urine output  $< 400$  cc/24 hours
- ☐ Intractable hyperkalemia: persistent serum potassium  $> 7.0$
- ☐ Uremic pericarditis
- ☐ Hepatorenal syndrome
- ☐ Intractable fluid overload
- ☐ Orthostatic hypotension
- ☐ Decreasing cognitive function, muscle mass
- ☐ Increase in infections
- ☐ Dehydration

## Common Co-morbidities

- ☐ Cancer
- ☐ End-stage heart disease
- ☐ End-stage lung disease



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