

Hospice Indicators for Patients with HIV/AIDS

Indicators

- ☐ CD4+ count below 25 cells/mcL measured when a patient is relatively free from acute illness but should be followed clinically and observed for disease progression and decline in recent functional status
- ☐ Persistent HIV RNA (viral load) of >100,000 copies/ml
- ☐ Election to forego antiretroviral medication
- ☐ Karnofsky Performance Status Scale <50%
- ☐ Palliative Performance Scale <50%
- ☐ Persistent diarrhea
- ☐ Serum albumin <2.5 gm/dl
- ☐ Advanced AIDS dementia complex
- ☐ Toxoplasmosis
- ☐ Cytomegalovirus (CMV) infection
- ☐ Comorbidities likely to contribute to a life expectancy of <6 months

Notes

[illegible]

Presence of opportunistic diseases such as

- ❑ CNS lymphoma
- ❑ Progressive multifocal leukoencephalopathy
- ❑ Wasting (loss of 10% lean body mass)
- ❑ Visceral Kaposi's sarcoma unresponsive to therapy
- ❑ Renal failure, refuses or fails dialysis
- ❑ Mycobacterium avium complex (MAC) bacteremia unresponsive
- ❑ Systemic lymphoma, with advanced HIV

Common Comorbidities

- ☐ Hepatitis B or C
- ☐ End-stage liver or renal failure
- ☐ Diabetes
- ☐ Non-AIDS related cancers
- ☐ IV drug use
- ☐ Heart disease



Ohio Living
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